

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Therapeutic Swim = Allows therapeutic swimming only *Open Swim = Allows any type of recreational swimming *Open Swim May Be Closed For Pool Rentals *You Must Pre-Register For Classes marked ** *Pool Schedule is subject to change. Please call before you come: 205-331-5600			1	2	3	4
			5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 5:45-6:45p Deep Water 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	8a Open Swim 8-9a Masters Swim – 1 Ln 7:30p Close
5	6	7	8	9	10	11
1p Open Swim 4:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 7:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 5:45-6:45p Deep Water 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	8a Open Swim 8-9a Masters Swim – 1 Ln 11-12p Private Rental 12p Open Swim 7:30p Close
12	13	14	15	16	17	18
1p Open Swim 4:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 5:45-6:45p Deep Water 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	8a Open Swim 8-9a Masters Swim – 1 Ln 10-12p Private Rental 2-3:30p Private Rental 3:30p Open Swim 7:30p Close
19	20	21	22	23	24	25
1p Open Swim 2-3p Private Rental 3p Open Swim 4:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 7:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 5:45-6:45p Deep Water 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	8a Open Swim 8-9a Masters Swim – 1 Ln 7:30p Close
26	27	28	29	30	31	
1p Open Swim 4:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 4-7p LG Training Evals 7:30p Close	5-10a Lap Only 10a Open Swim 4:30-5:30p NB Swim Training 7:30p Close	5-9a Lap Only 9-10a Deep Water 10a Open Swim 5:45-6:45p Deep Water 7:30p Close	5-10a Lap Only 10a Open Swim 7:30p Close	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 7:30p Close	2 5a Therapy Only 10a Open Swim 7:30p Close	3 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	4 8a Open Swim 7:30p Close
5 1p Open Swim 4:30p Close	6 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 5:45-6:45p Water Aerobics 7:30p Close	7 5a Therapy Only 10a Open Swim 7:30p Close	8 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 7:30p Close	9 5a Therapy Only 10a Open Swim 7:30p Close	10 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	11 8a Open Swim 10:30-11:30a Private Rental 11:30a Open Swim 7:30p Close
12 1p Open Swim 4:30p Close	13 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 5:45-6:45p Water Aerobics 7:30p Close	14 5a Therapy Only 10a Open Swim 7:30p Close	15 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	16 5a Therapy Only 10a Open Swim 7:30p Close	17 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	18 8a Open Swim 7:30p Close
19 1p Open Swim 4:30p Close	20 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 5:45-6:45p Water Aerobics 7:30p Close	21 5a Therapy Only 10a Open Swim 7:30p Close	22 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 7:30p Close	23 5a Therapy Only 10a Open Swim 7:30p Close	24 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	25 8a Open Swim 7:30p Close
26 1p Open Swim 4:30p Close	27 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 5:45-6:45p Water Aerobics 7:30p Close	28 5a Therapy Only 10a Open Swim 7:30p Close	29 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 3:30-4p NB Beginners 4-4:30p NB Intermediate 7:30p Close	30 5a Therapy Only 10a Open Swim 7:30p Close	31 5a Therapy Only 9-10a Water Aerobics 10a Open Swim 1:30-2:30p Osteoarthritis Class 2:30p Open Swim 7:30p Close	